



Dear Parent/caregiver

The New Jersey Student Learning Standards - Comprehensive Health and Physical Education were revised in 2020 to address the need for students to gain knowledge and skills in caring for themselves, interact effectively with others, and analyze the impact of choices and consequences. These revised standards will be implemented in the 2022-2023 school year. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

All topics are taught in an age, grade and developmental manner. The Fifth Grade Curriculum will cover the following topics:

- Life Skills (personal growth and development - injury prevention, sleep, nutrition, physical activity, life management skills/stress management/goal setting/self image, emotional health, hygiene/grooming, doctor visits, dental hygiene)
- Adolescence (puberty, social and sexual health - puberty, identify health care professionals, human reproduction, differentiate between sexual orientation and gender identity, demonstrate ways to promote dignity and respect for all, explain the importance of communication with trusted adults)

The South Brunswick Public Schools acknowledges that parents/caregivers are the primary family life educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Although we strongly encourage families to have their student(s) participate in these essential health topics, we want to acknowledge that Parents/caregivers do have the option of excluding their child from any portion of sexuality/family life education instruction if it is in conflict with their conscience, morally, or religiously held beliefs. (*Please see the appropriate NJ Statute below)

If this is the case, please email your student's principal and the classroom teacher that is listed on their schedule in Genesis. Make sure to include the students, name, grade level and school to notify which topic(s) you are opting your student(s) out of. Students who are excused will be assigned to a separate learning area for the duration of those identified lessons

Section: 18A:35-4.7: Parent's statement of conflict with conscience: Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.

Sincerely,